



Camp Shelanu CIT Program

Pre-requisites

Camp Shelanu's CIT program requires CITs to have a foundation of training and experience in order to "hit the ground running" as valuable members of our camp team. In order for staff and campers to be able to rely on a consistent level of expertise from CITs, and in order for CITs to be successful in the fast-paced environment of camp, we require the following pre-requisites.

The Core Requirements can be completed through a Madrichim program, CIT/LIT program at another camp, Boy/Girl Scouts, etc, or a combination of settings. As long as the Core Requirements are met, the Additional Requirements can be met at the JCC during staff week (June 5, 8, 9, 10, 11), at one of our Sunday CIT workshops, or online (certain portions).

Core Requirements – must be completed to be considered for the CIT program

Camp Shelanu LIT program completion OR

- 1) Experience with groups of children
 - 40 hours experience with groups of children (not babysitting a family)
- 2) Training working with children
 - 3 hours formal training about working with children (may include safety and supervision, group management, positive behavior management, transitions, leading activities, etc)
- 3) Leadership
 - 2 hours leadership training OR
 - 1 semester Leadership role like team captain, club president, etc

Additional Requirements – can be completed after acceptance into the program

- 4) Special Needs inclusion
 - 1 hour training on special needs OR
 - 1 semester or equivalent of experience with a child with special needs (babysitting, tutoring, peer mentoring, etc)
- 5) Conflict resolution and communication
 - 1 hour training (can be completed online)
- 6) Child Development
 - 1 hour training (can be completed online)
- 7) Self-Awareness/Self-Assessment
 - Completion and analysis of Meyers-Briggs, Enneogram, Strengths Finder, or similar self-assessment tool in another setting OR
 - Completion of Strengths Finder online (\$15)
- 8) Programming
 - 1 hour training OR
 - Experience planning and leading an event or program (lesson plan or activity for children, fundraising or social event for a club, team, or youth group, etc)
- 9) Camp Shelanu orientation
 - 2 hours training on Camp Shelanu policies, procedures, and expectations

Documentation of CIT Pre-requisites

Name: _____

You may have supervisors sign this form, or attach a letter or email from supervisor documenting the same information. If you have more experience to document or completed a pre-requisite in more than one setting, please attach a separate sheet.

CORE REQUIREMENTS: Must be completed before applying

Experience with groups of children: 40 hours experience with groups of children (not babysitting)

Program: _____	Dates: _____	Number of Hours: _____
Duties: _____		

Supervisor Name: _____	Title: _____	
Email: _____	Phone: _____	
Supervisor Signature: _____	Date: _____	

Training working with children: 3 hours formal training about working with children (may include safety and supervision, group management, positive behavior management, transitions, leading activities, etc)

Program: _____	Dates: _____	Number of Hours: _____
Topics covered: _____		

Supervisor Name: _____	Title: _____	
Email: _____	Phone: _____	
Supervisor Signature: _____	Date: _____	

Leadership: 2 hours training OR 1 semester Leadership role like team captain, club president, etc

Program: _____	Dates: _____	Number of Hours: _____
Topic covered(training) OR Duties (leadership role): _____		

Supervisor Name: _____	Title: _____	
Email: _____	Phone: _____	
Supervisor Signature: _____	Date: _____	

ADDITIONAL REQUIREMENTS

Special Needs inclusion: 1 hour training on special needs OR 1 semester or equivalent of experience with a child with special needs (babysitting, tutoring, peer mentoring, etc)

<input type="checkbox"/> I will complete this at staff week or a Sunday CIT workshop	OR	
Program: _____	Dates: _____	Number of Hours: _____
Topic covered(training) OR Duties (experience): _____		

Supervisor Name: _____	Title: _____	
Email: _____	Phone: _____	
Supervisor Signature: _____	Date: _____	

Conflict Resolution OR Communication: 1 hour training

<input type="checkbox"/> I will complete this at staff week or a Sunday CIT workshop or online	OR	
Program: _____	Dates: _____	Number of Hours: _____
Topic covered: _____		
Supervisor Name: _____	Title: _____	
Email: _____	Phone: _____	
Supervisor Signature: _____	Date: _____	

Child Development: 1 hour training

<input type="checkbox"/> I will complete this at staff week or a Sunday CIT workshop or online	OR	
Program: _____	Dates: _____	Number of Hours: _____
Topic covered(training): _____		

Supervisor Name: _____	Title: _____	
Email: _____	Phone: _____	
Supervisor Signature: _____	Date: _____	

Self-Awareness/Self-Assessment: Completion and analysis of Meyers-Briggs, Enneogram, Strengths Finder, or similar self-assessment tool

<input type="checkbox"/> I will complete this online (\$15)	OR	
Program: _____	Dates: _____	Number of Hours: _____
Topic covered: _____		
Supervisor Name: _____	Title: _____	
Email: _____	Phone: _____	
Supervisor Signature: _____	Date: _____	

Programming: 1 hour training OR Experience planning and leading an event or program (lesson plan or activity for children, fundraising or social event for a club, team, or youth group, etc)

<input type="checkbox"/> I will complete this at staff week or a Sunday CIT workshop	OR	
Program: _____	Dates: _____	Number of Hours: _____
Topic covered(training) or duties _____		

Supervisor Name: _____	Title: _____	
Email: _____	Phone: _____	
Supervisor Signature: _____	Date: _____	

Camp Shelanu orientation: 2 hours training on Camp Shelanu policies, procedures, and expectations

<input type="checkbox"/> I will complete this at staff week or a Sunday CIT workshop
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